



2019 CAREGIVER RETREAT

Wellness & Self- Compassion for the Healthcare Practitioner

You are always taking care of others, NOW take care of you! Open to healthcare practitioners of all levels and disciplines.

**NOV. 1 - 3, 2019
CAMP MAK-A-DREAM**

Find time for you!

Healthcare practitioners are among the most empathetic, driven, and compassionate individuals.

Although these strong traits often contribute to high quality care, improved outcomes, and positive patient satisfaction, practitioners across disciplines are highly vulnerable to empathy fatigue and burnout.

This retreat will feature Mindful Practice® taught by Dr. Tina Runyan

Retreat Also Includes:

- All meals*
- Lodging (bunk-style)*
- Yoga, meditation, cooking classes, recreational activities, evening entertainment and more!*

REGISTRATION WILL OPEN LATE SUMMER 2019!

**FOR MORE INFORMATION, VISIT
WWW.CAMPDREAM.ORG**